

Our Ref: Q1 18 14

10 May 2018

- **I am researching what type of matting Trusts use when using prone restraint on patients (by the term prone restraint I am referring to face down restraint when a patient is pinned on a surface and is physically prevented from moving out of this position).**
- **Where do your prone restraints take place?**

Somerset Partnership NHS Foundation Trust makes every effort to avoid the use of the prone position as a means of restraint. When this is unavoidable it could potentially happen anywhere on one of the Trust's mental health wards in response to unpredictable behaviour.

- **If prone restraint occurs on matting please can you provide me with details of the matting including:**
 1. **What type of matting is it?**
 2. **Who is the manufacturer of the matting?**
 3. **Do you know the approximate cost of the matting?**

The Trust does not use portable matting on any of the wards in relation to prone restraint. Whenever the need for restraint is predicted patients are managed in designated de-escalation rooms which have special mattresses, these are purchased from a company called Rompa and they cost £200 plus VAT each.